Kerstin Zettmar: Sleeping Giants

The biblical quote: "Hebrews 11:33: "Faith is the assurance of things hoped for, the conviction of things not seen.""

Whenever the argument for the existence of REM sleep has been presented, Freud has acknowledged that it presents a problem, even if he has not directly referred to the concept of REM sleep. Adler and Aserinsky & Kleitman (1953) have presented evidence that REM sleep is linked to brain activity, which is consistent with the idea of a dreaming state. REM sleep is also linked to theta oscillations in the hippocampus, which are associated with memory consolidation. This suggests that REM sleep may play a role in memory consolidation, which is consistent with the idea of a dreaming state.
Aserinsky & Kleitman (1953) discovered REM sleep, and it has since become a fundamental concept in the study of human consciousness and behavior. REM sleep is characterized by rapid eye movements and the tendency to report vivid dreams during the sleep period. This discovery has had a profound impact on our understanding of sleep and dreaming.
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Kaminer & Lavie (2007) הביאו/database VIEWFULL reorganize ח 못 iClouds לארץ לחתון. מנוי התיוגים והגניז את או תיאוריות לש
ה媌.turning point, בחרניצי או אוניברסיטי לת-איבב.


